



Sending your child to **Kindergarten** is an exciting time. However, this huge milestone can leave parents and children feeling anxious. You may even find yourself asking, *“Is my child ready for Kindergarten?”*

To help prepare your child for the adventure that lies ahead, the Art and Soul Montessori Academy takes organic approach to help your child master the Kindergarten Readiness skills. Our Montessori inspired curriculum offers a distinct set of practices to teach early literacy and nurture a positive and natural learning experience.

WRITING | READING | MATHEMATICS | SOCIAL SKILLS | SELF-CARE

WRITING

Reinforce learning with the sense of touch: Learn the letter sounds using sandpaper letters

Introduce moveable alphabet: Sounding them out to spell simple, the progressively more complex words

Develop hand strength: Using ‘Pincer Grip’ technique such as Cylinder blocks. The hand position used to pick up the blocks is the same as the one used in holding a pencil.

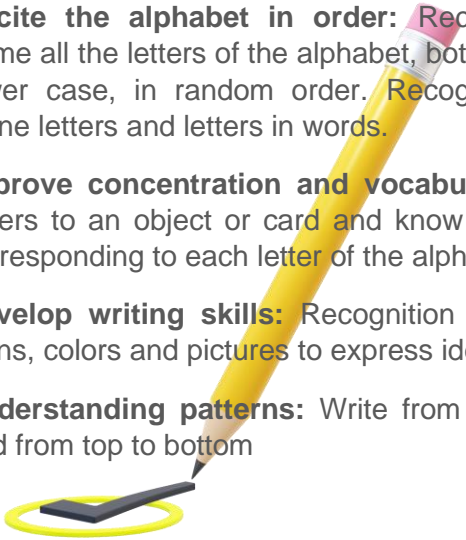
Tracing shapes, draw parallel lines and make patterns through creative artwork

Recite the alphabet in order: Recognize and name all the letters of the alphabet, both upper and lower case, in random order. Recognize stand-alone letters and letters in words.

Improve concentration and vocabulary: Match letters to an object or card and know the sounds corresponding to each letter of the alphabet

Develop writing skills: Recognition and use of signs, colors and pictures to express ideas

Understanding patterns: Write from left to right and from top to bottom



READING

Cognitive development: Use left to right and top to bottom motion when reading

Imagination: Use pictures clue to read and make predictions

Storytelling: Understand the simple structure of stories by identifying the characters, setting, and the main ideas of a story; retell a story

Sensorial experience: Moveable Alphabet

Distinguish letters from words / words from sentences

Enhance vocabulary with real experience: Incorporate natural landscape, real objects, musical instruments in such a way, children can grasp connection between the language and the world



MATHAMETICS

Our mathematic basics are concrete and help the child in work readiness

Develop readiness: Use of a variety of abstract material (Ex. Number rods, golden bead) and learn to count forward and backward and recognize numbers from 1 to 20

Write and print numbers in order



Use of manipulative material to sort and match

Progressively move to more complex, dynamic problems: Adding/subtracting concept

Symbol sequence: What comes after, what comes before and what comes between, lesser than and greater than

Geometry and Fractions: Drawing and recognizing a line, circle, square, triangle, star, oval, rectangle, diamond, hexagon, pentagon, octagon etc.

Using sensory impressions develop understanding of the basics of mass and recognizing long & short objects

Introduction of **abacus** and **Vedic Math** (Vedic math is a prevalent system of teaching in ancient India through a series of 16 formulae called Sutras)



SOCIAL DEVELOPMENT

Practical life skills: Understanding the difference between right and wrong

Develop self-control and independence:

Self expression: Using words to express their needs and feelings

Foster positive relationship: Collaboration not contribution

Conflict resolution: Accept and practice responsibility

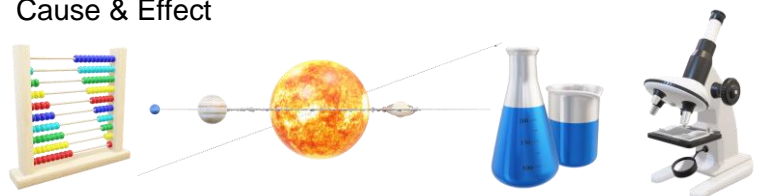
Positive social skills: Learning much beyond saying 'Please' and 'Thank you'

SOCIAL SCIENCE

Our Social Sciences curriculum explores the areas of science, social studies, geography, art and history. Children are exposed to a rich, stimulating variety of work through hands-on learning. The evidence and investigation-based learning helps develop their observation and problem-solving skills.

Science experiments & projects:

Three R's (Reduce, Reuse and Recycle), Animal Habitats, life Cycles, Five Senses, Collecting Facts, Cause & Effect



SELF-HELP AND WELL-BEING

Multi-sensory learning activities inspired by music

Relationship building: Taking care of others, observation and role-play

Coordination of movement: Laces, buttons, zippers and snaps!

Direction and Assistance: Listening, following and seeking help or attention appropriately

Recite full name, birthday, address and phone number

Opening and closing the backpack

Basic safety tips

Develop positive attitude: behaviour that promote a healthy lifestyle

Develop gross motor skills: routine physical and mental well-being activities (Yoga and Exercise)



DAILY SCHEDULE

7:30 – 8:30	Arrival and Breakfast
8:30 – 9:30	Yoga and Meditation
9:00 – 9:30	Alphabet, recognition & matching
9:30 – 10:00	Writing / Printing letters
SNACK TIME	
10:30 – 11:00	Mathematics
11:00 – 11:30	Reading
11:30 – 12:00	Nature time
LUNCH TIME	
12:30 – 01:30	Montessori Learning
01:30 – 02:00	Craft time
02:00 – 02:30	Free Play
02:30 – 03:30	Self-care & Well-being
SNACK TIME	
04:15 – 05:30	Free play/Outdoor activities

